

johnsonville timetable // autumn 2012

8 broderick road, johnsonville 6037 // T 04 478 6228



	M	T	W	T	F	S	S
studio one	step 9.15 am	power 9.15 am	active 9.15 am	power 9.15 am	step 9.15 am	step 9.00 am	kick 9.00 am
	citybuggyfit 10.30 am	citylitepace 10.30 am	citybuggyfit 10.30 am	citylitepace 10.30 am	centergy 10.30 am	groove 10.00 am	power 10.00 am
	kick 5.15 pm	zumba 12.15 pm	citycircuit 5.15 pm	power 5.15 pm	zumba 6.15 pm		centergy 11.00 am
	power 6.15 pm	step 5.15 pm	centergy 6.15 pm	step 6.15 pm			
	centergy 7.15 pm	groove 6.15 pm	zumba 7.15 pm	active 7.15 pm			
cycle studio	ride 6.00 pm	ride 6.00 am	ride 6.00 pm	ride 6.00 am	ride 6.00 am	ride 8.30 am	ride 8.30 am
		ride 10.30 am		ride 6.00 pm	ride 9.15 am		
		ride 6.00 pm					

commences 7 February 2012

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