

# kapiti timetable // autumn 2012

coastlands shopping centre, kapiti 5032 // T 04 297 2033



	M	T	W	T	F	S	S
studio one	<b>power</b> 9.15 am	<b>step</b> 5.50 am	<b>power</b> 9.15 am	<b>power</b> 5.50 am	<b>step</b> 9.15 am	<b>centergy</b> 9.00 am	<b>zumba</b> 9.00 am
	<b>centergy</b> 10.30 am	<b>zumba</b> 9.15 am	<b>centergy</b> 10.30 am	<b>kick</b> 9.15 am	<b>active</b> 10.30 am	<b>step</b> 10.05 am	<b>kick</b> 10.05 am
	<b>step</b> 5.30 pm	<b>citylitepace</b> 10.30 am	<b>power</b> 5.30 pm	<b>citylitepace</b> 10.30 am	<b>zumba</b> 6.30 pm	<b>power</b> 11.10 am	<b>power</b> 11.10 am
	<b>power</b> 6.30 pm	<b>step</b> 5.30 pm	<b>step</b> 6.30 pm	<b>zumba gold</b> 1.00 pm		<b>active</b> 3.00 pm	
	<b>zumba</b> 7.35 pm	<b>kick</b> 6.30 pm	<b>zumba</b> 7.35 pm	<b>kick</b> 5.30 pm			
		<b>active</b> 7.35 pm		<b>active</b> 6.30 pm			
				<b>centergy</b> 7.35 pm			
cycle studio	<b>ride</b> 5.50 am	<b>ride</b> 9.30 am	<b>ride</b> 5.50 am	<b>ride</b> 6.15 pm	<b>ride</b> 5.50 am	<b>ride</b> 8.30 am	<b>ride</b> 10.00 am
	<b>ride</b> 7.00 pm	<b>ride</b> 7.00 pm	<b>ride</b> 6.15 pm		<b>ride</b> 9.30 am		
mind body studio	<b>centergy</b> 7.35 pm	<b>centergy</b> 7.35 pm	<b>centergy</b> 6.30 pm		<b>centergy</b> 10.30 am		
basketball court	<b>citybuggyfit</b> 10.30 am		<b>citybuggyfit</b> 10.30 am				

commences 7 February 2012

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