

lyall bay timetable // autumn 2012

29 kingsford smith street, lyall bay 6022 // T 04 387 2534



	M	T	W	T	F	S	S
studio one	zumba 9.30 am	boxfit 6.00 am	step 9.30 am	boxfit 6.00 am	active 9.30 am	kick 9.00 am	yoga 10.00 am
	power 5.30 pm	power 9.30 am	zumba 5.30 pm	kick 9.30 am	zumba 5.30 pm	power 10.00 am	
	step 6.30 pm	centergy 5.30 pm	kick 6.30 pm	power 5.30 pm			
		zumba 6.30 pm		zumba 6.30 pm			
cycle studio	ride 9.30 am	ride 6.30 pm	ride 6.30 am	ride 5.30 pm		ride 9.00 am	
			ride 9.30 am				

commences 7 February 2012

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