

new plymouth timetable // autumn 2012

8 egmont street, new plymouth 4310 // T 06 759 9965



	M	T	W	T	F	S	S
studio one	bodypump 9.10 am	bodystep 9.10 am	bodypump 6.00 am	bodycombat 9.10 am	bodypump 9.10 am	bodycombat 9.00 am	bodyattack 9.00 am
	citylitepace 12.10 pm	bodyattack 5.15 pm	bodybalance 9.10 am	citylitepace 10.10 am	bodybalance 10.10 am	bodypump 10.00 am	bodybalance 10.00 am
	bodycombat 5.15 pm	bodybalance 6.15 pm	bodycombat 5.15 pm	bodypump 12.10 pm	bodypump 5.15 pm		
	bodypump 6.15 pm	bodypump 7.15 pm	bodypump 6.15 pm	bodystep 5.15 pm			
				bodybalance 6.15 pm			
				bodyjam 7.15 pm			
cycle studio	rpm 5.30 pm	rpm 6.00 am	rpm 12.10 pm	rpm 6.00 am	rpm 12.10 pm	rpm 8.30 am	
		rpm 5.30 pm	rpm 5.30 pm	rpm 5.30 pm			
mind body studio		bodyjam 6.15 pm					
basketball court	zumba 6.00 pm		zumba 6.00 pm				

commences 7 February 2012

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