

thorndon timetable // autumn 2012

75 thorndon quay, wellington 6011 // T 04 499 4488



	M	T	W	T	F	S	S
studio one	power 12.10 pm	power 6.30 am	centergy 12.10 pm	power 6.30 am	power 12.10 pm	power 8.00 am	kick 10.00 am
	centergy 5.15 pm	step 12.10 pm	power 1.10 pm	kick 12.10 pm	centergy 1.10 pm	step 9.00 am	
	citycircuit 6.15 pm	centergy 1.10 pm	citycircuit 5.15 pm	active 1.10 pm	power 5.15 pm	citycircuit 10.00 am	
	zumba 7.15 pm	power 5.15 pm	zumba 6.15 pm	kick 5.15 pm			
		kick 6.15 pm		power 6.15 pm			
cycle studio	ride 6.30 am	ride 5.30 pm	ride 6.30 am	ride (60 min) 5.30 pm	ride 6.30 am	ride 9.00 am	ride 9.00 am
	ride 12.10 pm		ride 12.10 pm		ride 12.10 pm		
	ride 6.00 pm		ride 6.00 pm				

commences 7 February 2012

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